

SLP CLINICAL PRACTICE – *Evidence Based and Functional in 2023*

This course is open to all Ensign Affiliated SLPs free of Charge

Course Overview

During four-hour course participants will engage in small group activities, discussion, lecture and case studies with documentation practice as they identify the SLP role in the PDPM process, discuss assessment and treatments for dysphagia, as well as learn ways to handle end of life discussions. Assessment tools will include well known tests such as the Eat-10 and Yale Swallow Protocol, as well as newer tests such as the Test of Masticating and Swallowing Solids (TOMASS). Interventions will include use of respiratory muscle strength training as well as evidenced-based exercises such as chin tuck against resistance. Participants will receive training in development of long-term care programs including identification of residents, the importance of continued focus on post-COVID-19 residents, goal setting and use of a team approach to care. Finally, participants will learn how to conduct and document skilled maintenance programs.

Course Objectives: By the end of the course the participants will be able to:

1. Document swallowing disorder when applicable for MDS documentation
2. Describe 3 clinical dysphagia assessment tools
3. Describe 3 evidenced-based dysphagia treatments
4. Identify 3 long term care programs to implement in their facility

Timed Agenda: Check in and registration will begin at 9:45am

9:00-9:15 Agenda and Culture

- Introduction and orientation to materials
- Agenda Review

9:15-10:00 PDPM SLP Case Mix

- BIMS
- Section K

10:00-10:30 Dysphagia Assessment & Therapy in the SNF

- Instrumental
- Clinical
- Documentation

10:30-11:00 Documentation including and goal writing

- Skilled Maintenance Therapy

11:00-11:30 Incorporating the IDT

11:30-12:00 LUNCH BREAK

12:00-12:45 Time Management

- Coding
- Modes of Therapy

12:45-1:30 Long Term Care Programming

- Dementia Care
- outpatient
- Post Covid
- Outpatient
- Skilled Maintenance Therapy

This course is scheduled from 9:00am-1:30pm on Wednesday June 7th, 2023

Location: Golden Acres * 2525 Centerville Road * Dallas, TX 75228

Earn 0.4 ASHA CEUs – Must preregister through BuildingTherapyLeaders.com/Courses

Instructor: Cara Koepsel, M.S. CCC-SLP is a Speech Pathologist and Therapy Resource for Ensign Services, Inc. She has been an SLP for 10 years and has been with Ensign for 6 years. Cara has training in Ampcare and eSWALLOW NMES, as well as in Passy Muir Valve and tracheostomy care. She has a special interest in working with patients with tracheostomies and the interaction of respiration, swallowing, and speech. She has worked in settings across the medical rehabilitation field including acute care, LTAC, outpatient, inpatient rehab, skilled nursing and management. Cara has extensive training in dementia care and behavioral management and is an educator for Ensign in Abilities Care programming and sensory integration techniques

Disclosure: Cara has no relevant financial or non-financial relationship to the content of this SLP Clinical Practice course.



Idaho Speech, Language, and
Hearing Association

Introductory Level
0.4 ASHA CEUs

This course is approved for 0.4 ASHA CEUs. Course Level: Introductory, Course Content Area: Professional