

DUAL TASK TRAINING IN PARKINSON'S DISEASE

Training is intended for PTs, PTAs, OT, OTAs and SLP

*Sponsored by Ensign Services - Open to all **Ensign Affiliated Therapists free of Charge** and
Non Ensign affiliated Therapists in the community for a fee of \$129.00*

Course Description: This course is designed for All Therapists to provide advanced knowledge in the treatment of Persons with Parkinson's disease (PwPD). As the care providers tasked with improving function, cognition and quality of life in the Allied Health field, therapists must be able to successfully assess and/or treat the PwPD ability to dual task as research continues to show that there is a strong correlation to dual tasking and the neuroplasticity of the brain needed to achieve and maintain improved functional outcomes for this patient population

Course Objectives: At the Conclusion of this course participants will be able to:

1. Define Dual Task Training including its implications in the treatment of Persons with Parkinson's Disease (PwPD)
2. Explain the concept of neuroplasticity and its relationship to Dual/Multi Task Training in Parkinson's treatment
3. List the benefits of Dual Task Approach in therapy interventions as well as community exercise groups.
4. Explain the difference between task novelty and task complexity as well as identify motor vs. cognitive tasks.
5. Assess the PwPD to determine how to pair motor and cognitive tasks to increase task complexity.
6. Explain how to introduce and progress Dual Tasking into your treatments of the PwPD.
7. Document Dual Task Training in a way that is objective, measurable and shows skilled treatment and progress.

Timed Agenda:

8:30-9:00am	Registration and continental breakfast
9:00-9:10am	Introduction/Opening
9:10-10:00am	Parkinson's Basics and Background
10:00-10:15am	Dual Tasking Defined
10:15-10:45am	Impact of Dual Task Training in PD – Current Research
10:45-11:00am	Break
11:00-11:30am	Benefits of a Dual Task Approach
11:30-12:30pm	Building a Framework for Dual tasking: A Breakdown of Motor and Cognitive Tasks
12:30-1:00pm	Lunch
1:00-2:30pm	How to Apply Dual Tasking to Your Treatments- how to introduce and progress, keys to better outcomes
2:30-2:45pm	Break
2:45-3:30pm	Successful Documentation of Dual Task Training Treatments
3:30-4:00pm	How do we get Carryover???

Course Date: Saturday August 26th 2023 **Course Location:** *Heartland Neurological Therapy & Wellness Center*
2546 River Rd., BLDG C Waterloo, NE 68069 **8:30am – 4:00pm** Earn 6 CCUs/.6 CEUs
Pre-registration is required – register at BuildingTherapyLeaders.com/Courses

Material is basic or introductory

Instructors: CHERI PRINCE, DPT - Cheri is a Physical Therapist and Director of PDWELL in Omaha, NE. She received her Doctorate degree in Physical Therapy from Creighton University in 1999. Her clinical interests lie in the treatment of Parkinson's Disease and she holds certifications in LSVT BIG, PWR! (Parkinson's Wellness Recovery), and has completed the Allied Team Training for Parkinson's through the Parkinson's Foundation. She has presented locally and nationally on both the use of dual task training for PD as well as freezing of gait (FOG). She has been instrumental in the development of an interdisciplinary PD programming including Parkinson's specific inpatient and outpatient rehabilitation as well as community resources including a monthly PD support group and 3 community exercise classes: LOUD Crowd, PD Power and Fitness and Rock Steady Boxing for Parkinson's.

AMY RENKEN MS CCC-SLP – Amy is a Certified Speech Language Pathologist with extensive work in esteemed health systems and in the community. Special interest in Parkinson’s Disease with extensive experience in building PD programming. Adept in PD related assessment and treatment of motor speech, language, cognition, and dysphagia in acute care, outpatient, acute rehabilitation, long term acute care hospital, and skilled nursing facility settings.

“Disclosure: Cheri and Amy have no relevant financial or nonfinancial relationships to the content of the course.”



ASHA CE
APPROVED PROVIDER

Kansas
Speech-Language-Hearing
Association
Intermediate
0.6 ASHA CEUs

This course is offered for upto .6 ASHA CEUs (Intermediate Level, Professional Area)