ENSIGN SERVICES



SLP CLINICAL PRACTICE – Evidence Based and Functional in 2023

This course is open to all Ensign Affiliated SLPs free of Charge

Course Overview

During four-hour course participants will engage in small group activities, discussion, lecture and case studies with documentation practice as they identify the SLP role in the PDPM process, discuss assessment and treatments for dysphagia, as well as learn ways to handle end of life discussions. Assessment tools will include well known tests such as the Eat-10 and Yale Swallow Protocol, as well as newer tests such as the Test of Masticating and Swallowing Solids (TOMASS). Interventions will include use of respiratory muscle strength training as well as evidenced-based exercises such as chin tuck against resistance. Participants will receive training in development of long-term care programs including identification of residents, the importance of continued focus on post-COVID-19 residents, goal setting and use of a team approach to care. Finally, participants will learn how to conduct and document skilled maintenance programs.

Course Objectives: By the end of the course the participants will be able to:

- 1. Document swallowing disorder when applicable for MDS documentation
- 2. Describe 3 clinical dysphagia assessment tools
- 3. Describe 3 evidenced-based dysphagia treatments
- 4. Identify 3 long term care programs to implement in their facility

Timed Agenda: Check in and registration will begin at 9:45am

10:30-10:45 Agenda and Culture

- Introduction and orientation to materials
- Agenda Review

10:45-11:30 PDPM SLP Case Mix

- BIMS
- Section K

11:30-12:00 Dysphagia Assessment & Therapy in the SNF

- Instrumental
- Clinical
- Documentation

12:00-12:30 Documentation including and goal writing

Skilled Maintenance Therapy

12:30-1:00 LUNCH BREAK

1:00-1:30 Incorporating the IDT

1:30-2:15 Time Management

- Coding
- Modes of Therapy

2:15-3:00 Long Term Care Programming

- Dementia Care
- outpatient
- Post Covid
- Outpatient
- Skilled Maintenance Therapy

This course is scheduled from 10:30am-3:00pm on Thursday September 21st, 2023

Location: The Citadel Assisted Living * 520 S. Higley Road, Mesa AZ 85206

Earn 0.4 ASHA CEUs – Must preregister through <u>BuildingTherapyLeaders.com/Courses</u>

Instructor: Elyse Matson, MA, CCC-SLP is a Speech Pathologist and SLP Resource for Ensign Services, Inc. She has been an SLP for more than 30 years and has been with Ensign for 15 years. Elyse has training in VitalStim, Ampcare LSVT, and myofascial release. She has worked in settings across the medical rehab field including, acute care, outpatient, inpatient rehab, home health, skilled nursing and management. She has a special interest in working with patients with tracheostomies and the interaction of respiration, swallowing and speech. Elyse is an Abilities Care specialist and educator for Ensign.

Disclosure: Elyse has no relevant financial or non-financial relationship to the content of this SLP Clinical Practice course.



Idaho Speech, Language, and Hearing Association

Introductory Level 0.4 ASHA CEUs