

Wound Care: A Comprehensive Review

Sponsored by Ensign Services, Inc. and open to all Ensign Affiliated Employees

Pre-registration is required – register now at BuildingTherapyLeaders.com/courses

Registration Closes Monday, October 25th, 2023

Course Description:

Wound Care a comprehensive review will give the physical therapist a better understanding and increased knowledge of how to evaluate the integumentary system and assess and treat injuries to the integumentary system. This is a core tenet of physical therapy practice and is described in the APTA's Guide to Physical Therapist Practice chapter "Integumentary Repair and Protection Techniques"

Course Objectives...

Upon completion of the course the Physical Therapist will be able to:

- Review integumentary system and what classifies a wound
- Learn the TIME Decisions Support Tool and how it impacts treatment
- Learn how to appropriately assess and document all required wound characteristics
- Learn importance of moist wound healing and how to choose appropriate treatment for Wound Characteristic
- Hands on review of evidence based wound products and their purpose in wound healing

Time Agenda:

Step 1: Wounds Acute To Chronic: (8:30 AM – 10:30 AM)

- Defining Characteristics of an Acute and Chronic Wounds (8am-9am)
 - Pressure Ulcers (15 minutes)
 - Arterial Ulcers (15 minutes)
 - Venous Ulcers (15 minutes)
 - Diabetic Ulcers (15 minutes)
- What does an Acute Wound look like? (9am-9:30am)
- What does a Chronic Wound look like? (9:30am-10:00am)
- Compare and Contrast Acute / Chronic Wounds (10am-10:30am)

Break 10:30am-10:45am

Step 2: Assessment and Documentation of Acute and Chronic Wounds (10:45 AM – 1:15PM)

- Defining and understanding the MEASURE and TIME techniques in the assessment of a wound (10:45-11)
- Frequency of assessment: on admission; each MDS; more frequently (daily, weekly) if high risk or wound present (11-11:15)
- History of wound: when and how it occurred; initial size and location; appearance over time (identify stage or level of tissue injury); (11:15-11:30)
- associated manifestations such as itching, pain; previous interventions and their effectiveness (11:30-11:45)
- Location of wound (use medical terminology) (11:45-12:00)
- Note any complications (e.g. signs of infection) (12pm-12:15)
- Device assessment: remove devices to inspect skin; stabilize/reposition devices that cannot be removed) (12:15-12:30)
- Determine etiology of wound (12:30-12:45)
- Classify wounds: PI/PU stages, skin tears, MASD, incisions; Arterial/Venous/Diabetic (partial- or full-thickness) (12:45-1:15)

Lunch Break 1:15-1:45pm (Lunch is provided)

Step 3: Treatment and Prevention (1:45pm-5:00pm)

- Understand Moist Wound Healing Goals **(1:45-2pm)**
- Review compliant dressing change procedure **(2pm-2:15)**
- Understand concept of “Clean it like you mean it” **(2:15-2:30)**
- Review products and appropriate use to target Moist Wound Healing **(2:30-3:15)**
 - Primary dressings
 - Secondary dressings
 - Tertiary dressings

Break 3:15-3:30pm

- Review frequency of change considerations **(3:30-3:45pm)**
- Understand how orders should be written **(3:45-4pm)**
- Identify risk factors for developing a wound and implementation of prevention strategies **(4pm-5pm)**

The course will be held on **Saturday November 4th, 2023** from **8:30am-5:00pm** at the **Hilton Garden Inn - San Antonio International Airport** 611 Northwest Loop 410 San Antonio, TX 78216

Earn 8 CCUs/.8 CEUs PT/PTA & RN (Pending Approval)

Must attend all portions of the course to obtain CEUs/CCUs

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Instructors:

Yvette Monteleon, RN, CWS

Dr. Nancy McNally, PT, DPT, CWS

Dr. Nancy McNally is the Vice President of Wound Care Education and Clinical Services of CURITEC. Dr. McNally is a licensed Physical Therapist (PT) and a Certified Wound Specialist (CWS). After graduating with her doctorate of physical therapy degree from UT Southwestern Medical Center in Dallas, TX, Dr. McNally quickly recognized her desire to specialize in wound care and went on to earn her CWS certification. Dr. McNally brings 20+ years of wound care experience to our team, her experience includes caring for patients across the continuum of care – inpatient, outpatient, wound care center, long-term care, and hospice. For the last 18 years, she has focused on the long-term care and hospice arenas, specifically specializing in educating others on clinical best practices for wound prevention and management as well as CMS regulatory components. Dr. McNally is passionate about educating and supporting our partners so that, together, we can deliver evidence based wound care that benefits our residents/patients and our healthcare family.