

## INTRODUCTION TO WOUND MANAGEMENT

Sponsored by Ensign Services, Inc. and open to all Ensign Affiliated Employees

Pre-registration is required – register now at FlagshipTherapy.com

## **Course Description**

This introductory wound care course is designed to equip physical therapists working in a skilled nursing facility with up to date knowledge and skills in wound management. In the first part of the course, participants will learn the basics about the integumentary anatomy, wound healing physiology, how to complete a general wound assessment, and principles of wound management to promote a moist wound healing environment. The second part of the class will focus on how to assess and treat the five most common types of wounds, understand basic skin care needs, affects of aging on skin, and benefits of exercise on wound healing. Through interactive education, case studies, and hands on assessment, participants will gain the evidence based knowledge needed to manage wounds and general skin conditions.

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8:00 - 8:30 Sign-ins & Introductions 8:30 - 9:00 Anatomy and Physiology 9:00 - 9:30 Wound Physiology

9:30 - 10:30 General Wound Assessment

10:30 - 10:45 BREAK

10:45 - 11:45 Wound Management

11:45 - 12:00 Nutrition 12:00 - 12:30 LUNCH BREAK 12:30 - 1:30 Treatment of Pressure Injuries

1:30 - 2:15 Treatment of Diabetic foot ulcers

2:15 - 2:45 Treatment of Arterial ulcers

2:45 - 3:00 BREAK

3:00 - 4:00 Treatment of Venous ulcers

4:00 - 4:20 Treatment of surgical incisions and

Abrasions

4:20 - 4:40 Patient Education: Skin Care 4:40 - 5:00 Exercise and Wound Healing

Course Date: Saturday October 28, 2023 8:00am-5:00pm Location: Marina Village 1936 Quivira Way, San Diego, Ca 92109 Earn .7 CEUs/7 CCUs

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## Material is basic or introductory

## Instructor:

**Dr. Briana Angeleri PT, DPT, CLT, CWS** graduated from the University of Southern California Doctorate of Physical Therapy program in 2014. She became a Certified Lymphedema Therapist (CLT) in 2018 and Certified Wound Specialist (CWS) in 2023. Since graduation she has been involved in wound care across the continuum of care. Dr. Angeleri completed the Wound Management Residency at LSU Health Shreveport in 2023. She is a level-1 APTA certified clinical instructor. Dr. Angeleri is a member of the California Physical Therapy Association and the ACEWM section of the APTA. Dr. Angeleri is passionate about using her lymphedema and wound care education to further the role of physical therapists in the treatment of chronic and complex wounds.